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MEMORANDUM

TO: Curriculum Directors, Physical Educators, Health Educators, Superintendents, Principals
FROM: Gabriel McGann, Statewide Assessment Coordinator
SUBJECT: VT Physical Education Assessment Updates
DATE: August 30, 2018

The Vermont Physical Education Assessment

The Every Student Succeeds Act (ESSA) requires states to develop a State Accountability Plan that employs a variety of school quality indicators. Vermont's ESSA State Plan includes Physical Education as one of four academic content areas to be assessed. Additionally, in the Education Quality Standards, Vermont has articulated a commitment to education and evaluation that supports the whole child, knowing that healthier students perform better in every other aspect of school. The Vermont Agency of Education (AOE) has adopted the Vermont Physical Education Assessment (VTPEA) to collect data on students' health related fitness. The VTPEA assesses the fitness levels of all VT students to inform and provide feedback for local programs thereby creating instructional opportunities to develop lifelong and life enhancing healthy fitness habits. The VTPEA expects that all students be provided access, membership, and inclusion in their community and embraces the unique contributions of each student.

The VTPEA includes a number of assessment tools to provide access to all students in Vermont: [FitnessGram](#), the Brockport Physical Fitness Test, and Individualized Fitness Assessments (IFA). The assessment will collect data in four domains of health-related fitness: aerobic capacity, upper body muscular strength and endurance, abdominal muscular strength and endurance and flexibility. This data will be used for state and federal accountability purposes starting in 2019.

Updates for the 2018-2019 School Year

- All publicly funded 4th, 7th, and 9th graders will be required to participate
- Test window: April 1st – May 31st
- Schools FitnessGram licenses will expire on December 31, 2018, but will receive new licenses on January 1st, 2019 paid for by the State of Vermont
- VTPEA training dates:
 - October 18th, 19th – Shape VT, Killington
 - November 15th - Castleton State University (teacher leader training)
 - November 16th – Norwich University (teacher leader training)